

Adam Y. Brooks, PT



Adam Brooks currently serves as Director of Accountable Care at Bayada Home Health. He is a graduate of the University of Massachusetts at Amherst and received his Physical Therapy degree from Robert Gordon University in Aberdeen, Scotland in 1997.

He started his Home Health career 15 years ago providing direct patient care before transitioning into various regional leadership roles including Orthopedic Director, Rehab Director, and Director of Strategic Initiatives.

Adam's achievements include integrating skilled home health services with orthopedic practices as well as designing and implementing home health solutions for Accountable Care Organizations and Bundled Payment holders. He collaborated with a large teaching hospital to reduce avoidable 30-day readmissions for individuals with Heart Failure by 50% earning recognition at the APTA's Innovation Summit. Adam contributed to the development of an CMMI (Center for Medicare and Medicaid Innovation) ESRD ACO serving as a board member representing home health.

He has served as a subject matter expert and frequent public speaker on health care reform educating health care sector providers and numerous community organizations. Adam presented at the APTA's 2013 NEXT conference in Salt Lake City, UT in the Innovative Models category. Most recently Adam presented at the APTA's 2018 Combined Sections Meeting on Bundled Payments. Adam resides in Charlotte, NC